

# 4th Annual KARELIAN BEAR DOG 5K

A dog and owner run/walk



## Spokane Valley

Race details • Karelian Bear Dog information

Visit <http://wdfw.wa.gov/kbd5k>

## Race Information

**When is the race?** May 7, 2016

**Where is the race?** WDFW/Centennial Trail  
2315 N Discovery Place  
Spokane Valley WA 99216

### Race Information

This 5K (3.1 miles) run/walk starts at 9:00am at the Centennial Trail entrance near Mirabeau Parkway. That's right you and your furry friend 5K run. Centennial Trail is a flat paved surface with soft shoulders and stroller friendly.

## Registration Information

Pre-register by mail, or day-of-race. Mail-in registration must be received by May 3<sup>rd</sup>. Payment can be mailed in or paid day-of-race.

**Race T-shirts Available!** (see the website for t-shirt sample)  
Use the registration form to pre-order your t-shirts up till March 18<sup>th</sup>. There will be a limited amount on hand at the event.

**Day-of-Race Registration:** May 7<sup>th</sup>, 7:30-8:30am

**Cost:** \$25 - Per person prior to April 1<sup>st</sup>  
\$30 - Per person April 2<sup>nd</sup> – May 3<sup>rd</sup>  
\$35 - Per person day of race  
\$10 - Kids over 8  
FREE - Kids 8 & under

### RACE DAY

Parking, day-of-race registration and number pickup  
7:30 – 8:30am at the WA Department of Fish and Wildlife  
office located at 2315 N Discovery Place, Spokane Valley  
WA 99216.

### Every pet deserves to have a full belly!

All participants are asked to bring **2 cans** or **1 bag** of pet food donations  
for **Spokane Humane Society**.



Registration forms can be downloaded by visiting: <http://wdfw.wa.gov/kbd5k>

(Pre-registration must be received by May 3<sup>rd</sup>)

Combined Fund Drive Charity Information: <http://www.cfd.wa.gov/>

Karelian Bear Dog Program - CFD #1479503

Humane Society of Spokane food donation - CFD #0315037

# 2016 Karelian Bear Dog 5K Registration Form

## Spokane Valley – May 7<sup>th</sup>

One registration form for per person (this includes kids).

(All pre-registrations must be **received by May 3<sup>rd</sup>**. T-shirt pre-orders must be received by April 18<sup>th</sup>.)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

### REGISTER EARLY AND SAVE!

One registration form for per person (this includes kids).

#### Adults (18 & over)

- ☐ **Until April 1<sup>st</sup>** **\$25**/per person
- ☐ **April 2<sup>nd</sup> – May 3<sup>rd</sup>** **\$30**/per person
- ☐ **Day of Race** **\$35**/per person

#### Kids

- ☐ **Kids over 8** **\$10**/per kid
- ☐ **Kids 8 & under** **FREE**

#### Payment Information

Make checks payable to "WDFW - CFD". Mail total payment for registrations and t-shirts, completed registration form(s) & signed waiver(s) to:

#### WDFW

Attn: KBD 5K  
16018 Mill Creek Blvd  
Mill Creek WA 98012

(Pre-registration forms can be mailed together with one check for the total amount due. Pre-registration must be **received by May 3<sup>rd</sup>**. T-shirt pre-orders must be received by April 18<sup>th</sup>.)

#### Remember to order your T-Shirt!

Adult: ☐ SM ☐ M ☐ L ☐ XL ☐ 2XL\* ☐ 3XL\*  
Kids: ☐ M ☐ L **All T-shirts are \$15**  
(\* additional \$2)

T-shirt pre-orders must be received by April 18<sup>th</sup>.

#### Every pet deserves to have a full belly!

All participants are asked to bring **2 cans** or **1 bag** of pet food donations for **Spokane Humane Society**.



#### Waiver (must be signed to participate)

In consideration of acceptance of this enter, I hereby for myself, my heirs, executors and administrators, assume all risk of injury, harm or damage to myself or others arising from my participation in this event, and agree to hold harmless any sponsors, volunteers, and any persons associated with this event, against any liability, actions, claims and damages of any kind whatsoever. My signature verifies that I am physically fit and have sufficiently trained for the event and have full knowledge to all the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose. If I am under 18 years of age, my parent-guardian must co-sign.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

**Charity information:** The race is a benefit for the Washington State Combined Fund drive charity, Karelian Bear Dog Program CFD #1479503.

For more information see <http://wdfw.wa.gov/kbd5k>.